



Dementia Caregiver Support Group: Now meeting online and by phone!

Providing care for a loved one with Alzheimer's disease can be stressful and isolating, but support groups can help.

On the **1st Wednesday of every month**
at 6 p.m.

join Grand Island's Zoom Support Group
either online or by phone.

**To register and obtain instructions on how to
join, call our 24/7 Helpline at 1.800.272.3900**

Want a one-on-one lesson on joining virtual/phone groups?
Call us at 716.626.0600 ext. 313